

Risk assessment Covid 19

Company name: Forest Glade Massage Therapy Assessment carried out by: Lynsey Dent

Date of next review: 09/08/23

Date assessment was carried out: 09/08/22

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Staff and Visitor PPE	Possible contamination and infection with Covid if Staff and Visitors wearing PPE incorrectly / no PPE.	<ul style="list-style-type: none"> • Keeping PPE to a minimum. • Therapist to wear a mask if requested by client. • Visitors to wear a mask if they wish and to remove for treatment. • Hand washing facilities and sanitizer available at all times. • Staff to wash and sanitize hands before and after each treatment. • Visitors to wash hands on arrival. • Disposable couch roll on the massage couch, to be discarded after every use. 				

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Tools, Equipment and professional use products.	Possibility of contamination and infection transfer to staff and clients if not cleaned and sterilized.	<ul style="list-style-type: none"> All tools and equipment to be cleaned and sterilized between clients. Including all massage oils bottles, facial products and bowls. 				
Towels / linen	Possibility of contamination and infection transfer to staff and clients if not washed.	<ul style="list-style-type: none"> All towels and flannels to be washed between uses at 60° Uniforms to be washed after a day's wear. 				
Work Surfaces	Possibility of contamination and infection transfer to staff and clients if not cleaned and sterilized.	<ul style="list-style-type: none"> All surfaces to be wiped down with antibacterial wipes between each client, including the massage couch. Frequent handwashing / sanitising by staff. Reminders to visitors to wash hands on arrival. Frequent cleaning of door handles and other frequently touched surfaces. 				

What are the hazards?	Who might be harmed and how?	What are you already doing to control the risks?	What further action do you need to take to control the risks?	Who needs to carry out the action?	When is the action needed by?	Done
Social Distancing Proximity of staff and client.	Possibility of spread of infection between staff and client.	<ul style="list-style-type: none"> • Face to face conversing will be reduced by the layout of the chairs during consultation, 1.5m apart. • Window to be open if possible to increase ventilation. 				
Food and Drink	Possibility of contamination and infection to staff and clients through touch of implements.	<ul style="list-style-type: none"> • All glasses for water to be washed in dishwasher. • Hands to be washed before handling the glass. 				

More information on managing risk: www.hse.gov.uk/simple-health-safety/risk/